



CDM Counseling & Consultation Services, LLC

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ATTENTION:

RE: SLIDING SCALE INCREMENTAL INCREASE

This will apply to those with high deductible plans and/or no insurance.

For the last few years we have tried to refrain from increasing our sliding scale cost, although operating expense expenses continue to rise. However, with the current increased expenses and also wanting to continue providing premium services at adequate prices we are making a slight addition to our sliding scale fees. We hope to continue with our initiative to help those in need of mental healthcare at affordable rates. That said, the new sliding scale pricing will be as follows effective for December 23, 2024.

90mins - \$80/intake only
60mins - \$72/session
45mins - \$58/session
30mins - \$45/session

Of course, once your deductible is met then the cost will be based on your coinsurance rate and/or copay. That is plan specific so each person needs to be aware of their own insurance plan it's not set by us.

We will continue to make exceptions for students, currently serving military members, and veterans at a modified rate if that is applicable to you please let us know at intake. Students must be currently enrolled in school for the year in which they are receiving services. Appropriate ID and/or documentation will be necessary for those who are military affiliated and currently enrolled students. Should you have questions regarding this change please let us know immediately.

We look forward to continuing to serve you!

Kindly,
CDM Counseling & Consultation Services, LLC